

Winter Fast One Mtb age categories for Gauteng XCM

Age as per 31/12/2022

Category	Type	Age
Nippers M	10km	U 11
Nippers F	10km	
Sprog M	10km	11 & 12
Sprog F	10km	
Sub Jun M	40km	13 & 14
Sub Jun F	40km	
Youth M	60km	15 & 16
Youth F	60km	
Junior M	60km	17 & 18
Junior F	60km	
Elite M	80km	19 - 29
Elite F	80km	
Sub Vet M	80km	30 - 39
Sub Vet F	80km	
Veteran M	80km	40 - 49
Veteran F	80km	
Master M	80km	50 - 59
Master F	60km	
Gr Master M	60km	60 +
Gr Master F	60km	

Birth		Age		Birth	Age		
2014	Nippers	8	10km	1982	40	80km	
2013		9		1981	41		
2012		10		1980	42		
2011	Sprogs	11	40km	1979	43		Vet
2010		12		1978	44		
2009	Sub Jun	13	60km	1977	45		
2008		14		1976	46		
2007	Youth	15	80km	1975	47		
2006		16		1974	48		
2005	Junior	17	80km	1973	49		
2004		18		1972	50		
2003	Elite	19	80km	1971	51	Male 80km / Female 60km	
2002		20		1970	52		
2001		21		1969	53		
2000		22		1968	54		
1999		23		1967	55		
1998		24		1966	56		
1997		25		1965	57		
1996		26		1964	58		
1995		27		1963	59		
1994	28	1962	60	60km			
1993	29	1961	61				
1992	30	1960	62				
1991	31	1959	63				
1990	32	1958	64				
1989	33	1957	65				
1988	34	1956	66				
1987	35	1955	67				
1986	36	1954	68				
1985	37	1953	69				
1984	38	1952	70				
1983	39	1951	71				